

HOUSTON DEAF SENIORS OF TEXAS NEWSLETTER

This is funded by DARS-DHHS

Volume 10

April 2009

Issue 04

Emergency Preparedness Workshop

Presented in ASL

April 22nd, 2009

10:00am – 12:00pm

Accessible Hazard Alert System™ (AHAS) &
Accessible Hazard Alert System™ – Individual Notification
(AHAS-IN)

<http://www.deaflink.com/ahas/ahas.html>

Location: West Adaptive Recreation Center

Houston Deaf Senior's Group

1475 West Gray, Houston Texas 77019

Refreshments will be provided

&

Door Prizes by Frost Bank

Presenters:

****Mike Houston**, Deaf Link

****Niky Smith**, Harris County Office of Emergency Management

****David Jobe**, Director of Information for 211/United Way of
Greater Houston

****James Sobota**, Houston Police Department

Mike Houston: Deaf Link's National Deaf Liaison

MikeH@DeafLink.com

CALENDAR OF EVENTS

April 3, 2009 (Friday)



Houston Deaf Seniors of Texas will take a trip to Orange, TX. We will take a ride on a boat at Sahngrila that holds 26 people. The cost will be \$8 which should have already been paid in March. Everyone needs to be at Woodhaven Baptist Deaf Church, 9920 Long Point Rd., Houston, TX by 6:00 AM as the Bus will leave at 6:30 AM. We will eat at Cajun Cookery Buffet. If it rains, the trip will be rescheduled. Please contact Gertie Sessions by VP 281-447-7575 or Julie Spaulding by VP 281-249-5276 for more information.

April 3, 2009 (Friday)



ASL Social will be at Hickory Hollow Restaurant, 8038 Fallbrook Dr., Houston, TX 77064 from 4 till 9 PM. Check out the website at hickoryhollow.com. Let's meet and enjoy chatting with your old & new friends. Any questions, please e-mail to Earl Johnson at ejohnson127@comcast.net.

April 4, 2009 (Saturday)



Deaf Houston Latino will meet at First Colony Mall, 16535 Southwest Fwy., Sugarland, TX 77479 from 6 PM till 9 PM. Please contact LaLacake25@yahoo.com or VP: 832-413-4947 for more information. Come and chat with old and new friends.

April 7, 2009 (Tuesday)



Positive Interaction Program (PIP) will present their topic about Red Light Camera Enforcement. Officer Jack Bailey will inform our group in regards to how the red light camera system operates in our city. The meeting is held at Woodhaven Baptist Church for the Deaf, 9920 Long Point, Houston, TX at 7:30 PM. Door prizes! Interpreter and captioning are provided.

April 8, 2009 (Wednesday)



Houston Deaf Seniors of Texas will have their business meeting at West Gray Adaptive Recreation Center, 1475 West Gray, Houston, TX 77019 at 9:00 am till 1:00 pm. Please come and share your ideas with us. You have to be present to vote on the motions. Find out who our Speakers in the coming months will be.

April 10, 2009 (Friday)



Houston Hand Talk Social will be at Deerbrook Mall, 20131 Highway 59 North, Humble, TX 77338 from 5 PM till 9 PM. Let's meet and enjoy chatting in the Food Court with your old and new friends. Any questions, please e-mail Roger Spivey at spivey39@yahoo.com.

April 16, 2009 (Thursday)



Houston Deaf Senior Citizens will have a fellowship and potluck at Woodhaven Baptist Deaf Church at 9920 Long Point Rd. from 9 am till 1 pm. If you wish to bring a covered dish, contact Evelyn Autry at 713-984-8186 TTY or Jenice Wells 281-442-8015 TTY or 281-442-8016 VP and let them know what you plan to bring.

April 17, 2009 (Friday)



ASL Social will be at El's Toro Mexican Restaurant, 5810 Garth Road, Baytown, TX 77521 from 4 till 9 PM. Check out the website at elrototexmex.com. Let's meet and enjoy chatting with your old & new friends. Any questions, please e-mail to Earl Johnson at ejohnson127@comcast.net.

April 17, 2009 (Friday)



Deaf CAN! Panel Discussion will be held at Lone Star College in CyFair Theatre ART 111, 9191 Barker Cypress Rd., Cypress, TX 77433. It begins at 6 PM till 8 PM with Ice Cream Social to follow. Contact jonathan.l.leach@lonestar.edu (Jonathan L. Leach) for more information. This is free to students and the community.

April 22, 2009 (Wednesday)



Emergency Preparedness Workshop is being presented by Mike Houston, Niky Smith, David Jobe, and James Sobota. Please read the front page for more information. This is a very important meeting for our future and will be educational. Everyone can arrive at 9 AM since we have the room from 9 AM till 1 PM. The Speakers will begin at 10 AM and be done by noon.

April 25, 2009 (Saturday)



Deaf Houston Latino will meet at Johnny Tamale Cantina, 4647 E. Sam Houston Parkway S., Pasadena, TX 77505 from 5 PM till 9 PM. Please contact LaLacake25@yahoo.com or Video Phone: 832-413-4947 for more information. Come and chat with old and new friends.

April 27, 2009 (Monday)



Joe's Banquet Center, 1300 East Hwy. 6, Alvin, TX 77511 will provide free meal for Seniors from 6 AM till 9 PM. It is free on the last Monday of each month.

HOUSTON DEAF SENIOR CITIZENS/LOVE FUND

Thanks to those who donated to LOVE FUND: Ray & Ann Edgley, Don & Fung Hahn, Carla Holmes, Lennie Morton, Betty Telfer, and Floyd Wicker.



Thanks to those for their thoughtfulness who donated to LOVE FUND IN MEMORY OF: Gus & Zelma Curbello in memory of all friends; Betty Falke in memory of her daughter, Patricia J. Turner; Bobby Griggs in memory of Z X Curry; Joyce Hammons & Pauline Hilsman in memory of all friends; Audrey Leger in memory of Winona Sonnier and M/M Z X Curry; Pernela Smith in memory of Winona Sonnier and Dorothy Curry; and James & Julie Spaulding in memory of Z X & Dorothy Curry.

Anyone who wishes to donate money to **HDSC Love Fund, Inc. (a 501(c)(3) non-profit corporation)** or HDST should please make check or money order payable to either **Houston Deaf Senior Citizens-Love Fund** or **Houston Deaf Seniors of Texas**. And mail to:

HDSC Love Fund, Inc.
c/o Mrs. Zelma Curbello
9623 Tiltree
Houston, TX 77075-4042

OR

Houston Deaf Seniors of Texas
c/o Audrey Leger
P. O. Box 664
Missouri City, TX 77459

HOUSTON DEAF SENIORS OF TEXAS FUND

Audrey Leger donated the money to HDST Fund by developing the pictures of the group of HDST 25th Anniversary committee. Thanks to those who bought the pictures: James Fair, William Lambert, Sandra Manley, Julie Spaulding, Tommy & Jenice Wells, and Patsy Walker.

RENEWAL SUBSCRIBERS

Thank you for your renewal: Carole Allen, Gus & Zelma Curbello, Henrietta Devine, Mary M. Dunagan, Ann Edgley, James & Lavern Fair, Betty L. Falke, Larry & Ollie Flanagan, Melba Hallmark, Gordon & Ruenell Hegwood, Carla Holmes, Lola F. Justiss, Carl Long, Sandra Manley, Evelyn Marek, Christine McKinnon, Janie Morales, Ernest H. Morgeston, Lennie Morton, Sydna F. Smith, James & Julie Spaulding, Lorene Strother, Betty Telfer, Connie Trinidad, Tommy & Jenice Wells, Homer & Joan West, and Karen & Larry Whitworth.

NEW SC MEMBER: Welcome to our Senior Citizen: Lawrence E. Coleman, Sr.

NEW SUBSCRIBER: Welcome to our new subscriber: Lynda E. Page.

COFFEE DONATION: Ann Wheeler, thank you for your general donation for coffee needs.

NEWS

Closed-Caption creation

Deaf Network.com (February 25, 2009)

Wichita, KS is home to man little heard of, but his work has certainly been noticed by all. To say Bill Kastner loved electronics would be an understatement. His basement is filled with old radios and other gadgets that would look more at home in a museum. Bill does his social networking using a ham radio and Morse code. "In high school, I had a stammering problem, so I resorted to Morse code and that was a means of talking to people without having the stammering problem," Kastner said. That childhood infatuation with radios led Kastner to pursue a career in electronics and he eventually earned his masters degree in electrical engineering from K-State. After working on memory systems for the Minuteman Missile back in the 60's, Bill moved his family to Dallas where he started working for Texas Instruments.

"Thirty-two years have passed -- I guess it's time to come out and say I did something with my life," he said. What he did with his life some 32 years ago at Texas Instruments has had a profound effect on everyone's life. Bill is the guy who developed and built the very first decoder that makes closed captioning on television possible. "I designed original closed captioning decoder. Other than my manager, there were only two people that really designed the original closed caption mediums scale logic," he said. "I did the logic and the other guy was Joe Lynn, who did the interface to the television set."

In the mid 1970's, Public Broadcasting contracted with Texas Instruments to design a device that would allow the deaf to read what was being said on air. The test for the Texas Instruments team was to decode a message. "We had to decode that," Bill said. "One thing that happened was that PBS would not tell us on this tape they gave us what the message was. For the first decoded information and it turns out when we go the decoder running, it was 'float like a butterfly, sting like a bee'." Bill's decoder worked perfectly, but what he didn't take into account was how widely popular closed captioning would become. Now everywhere he looks, his invention is looking back. He's really quite humble and shy even when asked about the role he played in broadcasting. In fact, people who have known him for years didn't know that he helped create closed captioning. But he's equally content knowing that his work has helped bring words to those who could only see pictures.

Deaf CAN! Panel Discussion

Deaf Network.com

Will be held on Friday, April 17, 2009 at 6:00pm - 8:00pm with Ice Cream Social to follow at Lone Star College, CyFair Theatre ART 111, 9191 Barker Cypress Rd., Cypress, TX 77433. Please contact Jonathan.L.Leach@lonestar.edu for more information. Deaf Professionals Speak Out -- Can Deaf People... Drive a car? Fly an airplane? Earn a doctoral degree? Become a doctor? Deaf people have done all of the above and MUCH more! Long Duong, Brian Kilpatrick, Poorna Kushalnagar, Jonathan Leach, and Toby Welch will recount challenges experienced in pursuing their academic careers and will inspire the audience in "Breaking Boundaries" to achieve their dreams. Free to students and the community.

Laugh! :)

From Reader's Digest of December, 2008

A mobster discovers that his deaf accountant has cheated him out of ten million bucks. He confronts him, bringing along an interpreter. "Ask him where the money is," the mobster says.

The interpreter does so, and the accountant signs back, "What are you talking about?"

The interpreter tells the godfather, "He says he doesn't know what you're talking about."

The mobster puts a pistol to the bookkeeper's head. "Ask him again!"

The interpreter signs, "He'll kill you if you don't tell him!"

"Okay, okay!" the bookkeeper signs back. "The money is buried behind the shed in my cousin Enzo's backyard!"

"What'd he say?" asks the don.

"He says you don't have the guts to pull the trigger."

Cinnamon and Honey

Submitted by William (Bubba) Lorenz

It is found that a mixture of honey and cinnamon cures most diseases. Honey is produced in most of the countries. Honey can be used without any side effects for any kind of disease. Today's science says that even though honey is sweet, if taken in the right dosage as a medicine, it does not harm diabetic patients. Weekly World News, a magazine in Canada, in its issue dated 17 January, 1995 has given the following list of diseases that can be cured by honey and cinnamon as researched by western scientists:

HEART DISEASES: Make a paste of honey and cinnamon powder to apply on bread and eat it regularly for breakfast. It reduces the cholesterol in the arteries and saves the patient from heart attack. Also those who have already had an attack, if they do this process daily, they are kept miles away from the next attack. Regular use of the above process relieves loss of breath and strengthens the heart beat. In America and Canada, various nursing homes have treated patients successfully and have found that as you age, the arteries and veins lose their flexibility and get clogged; honey and cinnamon revitalize the arteries and veins.

ARTHRITIS: Arthritis patients may take daily, morning and night, one cup of hot water with two spoons of honey and one small teaspoon of cinnamon powder. If taken regularly, even chronic arthritis can be cured. In a recent research conducted at Copenhagen University, it was found that when the doctors treated their patients with a mixture of one tablespoon of Honey and one half teaspoon of Cinnamon powder before breakfast, they found that within a week, out of the 200 people so treated, 73 patients were totally relieved of pain, and within a month, mostly all the patients who could not walk or move around because of arthritis started walking without pain.

BLADDER INFECTIONS: Take two tablespoons of cinnamon powder and one teaspoon of honey in a glass of lukewarm water and drink it. It destroys the germs in the bladder.

CHOLESTEROL: Two tablespoons of honey and three teaspoons of Cinnamon Powder mixed in 16 ounces of tea water, given to a cholesterol patient, was found to reduce the level of cholesterol in the blood by 10% within two hours. As mentioned for arthritic patients, if taken three times a day, any chronic Cholesterol is cured. According to information received in the said Journal, pure honey taken with food daily relieves complaints of cholesterol.

COLDS: Those suffering from common or severe colds should take one tablespoon lukewarm honey with 1/4 spoon cinnamon powder daily for three days. This process will cure most chronic cough, cold, and clear the sinuses.

UPSET STOMACH: Honey taken with cinnamon powder cures stomach ache and also clears stomach ulcers from the root.

GAS: According to the studies done in India and Japan , it is revealed that if Honey is taken with cinnamon powder the stomach is relieved of gas.

IMMUNE SYSTEM: Daily use of honey and cinnamon powder strengthens the immune system and protects the body from bacteria and viral attacks. Scientists have found that honey has various vitamins and iron in large amounts. Constant use of honey strengthens the white blood corpuscles to fight bacteria and viral diseases.

INDIGESTION: Cinnamon powder sprinkled on two tablespoons of honey taken before food relieves acidity and digests the heaviest of meals.

LONGEVITY: Tea made with honey and cinnamon powder, when taken regularly, arrests the ravages of old age. Take four spoons of honey, one spoon of cinnamon powder, and three cups of water and boil to make like tea. Drink 1/4 cup, 3 to 4 times a day. It keeps the skin fresh and soft and arrests old age. Life spans also increases and even a 100 year old starts performing the chores of a 20-year-old.

SKIN INFECTIONS: Applying honey and cinnamon powder in equal parts on the affected parts cures eczema, ringworm, and all types of skin infections.

WEIGHT LOSS: Daily in the morning 1/2 hour before breakfast on an empty stomach and at night before sleeping, drink honey and cinnamon powder boiled in one cup of water. If taken regularly, it reduces the weight of even the most obese person. Also, drinking this mixture regularly does not allow the fat to accumulate in the body even though the person may eat a high calorie diet.

CANCER: Recent research in Japan and Australia has revealed that advanced cancer of the stomach and bones have been cured successfully. Patients suffering from these kinds of cancer should daily take one tablespoon of honey with one teaspoon of cinnamon powder for one month three times a day.

FATIGUE: Recent studies have shown that the sugar content of honey is more helpful rather than being detrimental to the strength of the body. Senior citizens, who take honey and cinnamon powder in equal parts, are more alert and flexible. Dr. Milton, who has done research, says that a half Tablespoon of honey taken in a glass of water and sprinkled with cinnamon powder, taken daily after brushing and in the afternoon at about 3:00 P.M. When the vitality of the body starts to decrease, increases the vitality of the body within a week..

BAD BREATH: First thing in the morning, gargle with one teaspoon of honey and cinnamon powder mixed in hot water. Their breath stays fresh throughout the day.

Mexican Fruit Cake

Submitted by Burba Thornton

Mix 1-20 oz crushed pineapple with juice, 2 cups flour, 1 cup chopped pecans, 2 cups sugar (white), 1/2 tsp. salt, 3 eggs, and 1 1/2 tsp. soda (Can use 2 tsp. soda per Burba) together and bake in greases 13X9 pan for 45 minutes at 350 degrees or until top is lightly browned.

For Icing -- mix 1 - 8 oz. cream cheese (soft), 3 cups powdered sugar, 1/3 cup melted butter or oleo (can add more butter up to 1 1/2 cup per Burba), and 1 teaspoon Vanilla together. Put on cake while warm. Then, put in Refrigerator.

Who are these people?

Submitted by Lavern Fair

You can send in the answers to me and I'll put them down in the next Newsletter. This will be fun to see who can name the most! What do you think? There are 5 rows so, please try to give me the row of each along with # on each row. If you know them all, that's great! Smiling.....



REST IN PEACE

OBITUARY



MILDRED LUCILLE WILLIAMSON, age 96, passed away Friday, February 20, 2009. She was born in Commerce, Texas to Lula Maud and Ola Doss Alexander. She became deaf at age of two years old from diphenhydramie with very high fever. She attended deaf-oral school in Dallas for two years, and then, transferred to Texas School for the Deaf in Austin in 1920 and was in the class of 1933.

She was married to Hubert Williamson on June 21, 1942 and they were married for 53 years. She was preceded in death by her husband on December 8, 1997. Mildred is survived by three children: daughter, Linda Nunn of Dale, TX; and two sons, John Williamson of San Marcos, TX and Rodney Williamson of Austin, TX; six grandchildren, ten great-grandchildren, two great-great-grandchildren and two great-great-great-grandchildren.

The family received friends from 6:00 to 8:00 p.m. on Wednesday, February 25, 2009 at Cook-Walden/Forest Oaks Funeral Home, 6300 W. William Cannon Drive. Funeral services were held at 11:00 a.m. Thursday, February 26, 2009 at Southern Hills Church of Christ, 3740 RR 967 in Buda, Texas with Randy Consford officiating. Interment was followed at 2:00 p.m. at Cook-Walden/Capital Parks Cemetery, 14501 N. IH-35 in Pflugerville. Honoring Mildred as pallbearers were James Goolsby, Tom Cowan, Ron Hovingna, Johnny Dominik, Kent Kenedy, David Suddath and Dennis Gage.



DOROTHY NELL CURRY, born Jan. 16, 1925, peacefully passed away from sleep to spirit on March 6th and joined her husband, Z.X. Dot and X are survived by their daughter, Kemo Curry. Service was held at 2 p.m. on March 10th at the Woodlawn Funeral Home Chapel, 1101 Antoine Drive at Katy Freeway, Houston, TX 77055 with Pastor Arthur Craig officiating. Interment was followed at Woodlawn Garden of Memories.

NEWS

NEWS

by Maxine Sheffield

We enjoyed the trip over Valentine's Day week-end. Bob and I drove 2 hours over Beaufort, SC to spend the night with our friends. Other two friends came by the house and we the six of us enjoyed our lunch downtown Beaufort. We had lots of laughter over the memory of our happenings when we were young. Then, we (the ladies) strolled and browsed the interesting souvenirs at some of stores downtown while men were waiting on us (perhaps not??). We enjoyed being like a kid eating some ice cream. We motored slowly downtown looking at beautiful old historic houses. Of the three stores downtown, we were shocked that one of them is still the pharmacy store with the upper outside sign saying, "Est. 1769." The building seems in good condition. We are thinking about the old historic home tour in Savannah, GA where one of friends lives. What a blast we had over the week end of Valentine's Day.

Off Base (Humore in Uniform)

From Reader's Digest (Written by Joyce Nelson)

During his fourth week of basic training, my grandson was able to make a brief phone call to me. He said he was attending church on base every week, which I was pleased to hear.

"Everyone goes to church here," he added. "It's the only place we don't get yelled at."

EDITOR'S MESSAGE

April showers will be coming. It's a good time to plant seeds to begin a vegetable garden or plant bushes or flowers. The rain is good for it all. Please take care on days that it is pouring down rain. Always drive carefully and leave earlier to arrive safely wherever you go.

If you have any information, jokes, recipes, event, pictures, sports, or news that you want me to publish, please send them to me by the 15th of each month. Please keep articles to less than 300 words, due to limited space on the newsletter. My E-mail address is nmorris726@gmail.com or you can mail to me at 15335 Falmouth Ave., Houston, TX 77084-1412.



Please note that Editor may, at her discretion, edit articles or news items for brevity and to correct errors. When sending pictures to me, please make sure you use a larger envelope. When the pictures are fold, it is very difficult to scan them without showing those folded lines. Audrey does the scanning for me so she will appreciate it, too.

Thanks!

Nancy Morris, Editor

HOUSTON DEAF SENIORS of TEXAS

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