

Volume 25—Issue 8 www.hdsclf.org August 2024



July 11, 2024 Field Trip —Sharks Museum by Carolyn Dill

Twenty-two seniors and Maryann joined us at the Tammie Mitchell Museum of Natural Science for a shark special. From the bus, we looked at the countless trees that fell over because of Hurricane Beryl. It was interesting to see which way the wind blew them down.

Once we were in the museum, we scattered like school children. Didn't lose anyone, ha.

We enjoyed all the shark displays, especially the live baby sharks and rays. There were also a few other cute, live sea creatures, which we were allowed to touch. Some of us got a free real shark tooth! We enjoyed taking pictures of ourselves in a shark cage.

Next, lunch at Cleburne's is always popular!

Our only slightly disappointing surprise was that no giant shark head was in front of the natural museum entrance. Jim said that was just an Al-created picture for the advertisement. We had no traffic problems, even though half the traffic lights were not functioning. Next time, we want to see big live sharks!

Front Row: Mary Ann Ryba, Lawrence Coleman, Cristina Rodriguez, Susie Mouat, Sidney Gilland, Ruth Billiot, Deborah Wold, Mandy Theus, Christine Klenert, Thomas Klenert, Carolyn Dill, Elias Rodriguez, Jose Ybarra, Christine Johnson

Back Row: Christopher Kelley, Bernadette Duffy, Deborah Daniels, Jayne Leycock, Eddie Billiot, Thurman Amerson, Dennis Smith, Brenda Lozano, Tammie Mitchell









Hurricane Beryl

Hurricane Beryl hit Houston in the second week of July. The unexpected severity of the storm left a trail of devastation in its wake. However, we have come together to face this unprecedented challenge as a community. Despite Beryl being classified as a Category 1 storm, the weakest type of hurricane, it was unlike any other storm we've experienced.

We were and still are having problems finding daily access to lodging, internet, and food storage.

What matters worse is that we have had an oppressive heat wave since then.

Currently, Houston is cleaning up the mess and fixing the electricity.





Dermon's Place



My Kitten Story by Robby Laws

Here is my story about the kitten:

Not too long ago, a stray female cat outside my home lived next to my shed under some shade. It gave birth to 3 kittens. A few weeks ago, the momma cat tried



to hide her kittens inside the engine compartment of Kathy's car, but they were relocated back to the shed.

Sadly, the following day, I found two kittens lying on the driveway under my truck, and they had been killed by some animal (either dogs or raccoons). My heart was broken for them since they were just babies, and I said a prayer for them after I buried them together in the backyard.

As for the third kitten, I prayed to God: "Lord, if the 3rd kitten is still alive, please help me find it." I could not find it that day.

The following day, Ronnie (the guy who mowed my lawn) informed me that he kept hearing a meowing sound coming from Kathy's car. I could also listen to it and search the engine area from top to bottom with no success.

I drove the car slowly to the mechanic just around the corner from my house (about 200 yards away) and explained the situation to him. He found the kitten inside the front right panel behind the wheel well wall of the front right wheel. It seemed okay; apparently, it had been stuck there for at least two days.

When I returned home and fed him, he was starving. I decided to call him Miracle because it was a miracle that he did not die in a spot from which he could not escape. I prayed to the Lord, thanking Him for His help, and we still have him at home. He is a playful kitten who no longer fears our two dogs.

Editor's Note: Thank you especially for Robby's fascinating story. To our members, please let me know if you have a story, and I will use it for the next issue.

2nd Wednesday of the Month:

In the next meeting, the Speakers are as follows:

On August 14, Chris Mallory will talk about Hurricane Preparation.

On September 11, no speaker for that date. Bring your favorite games.

Everyone needs to bring their own lunch or join others at restaurants.

On October 9th, Officer James Sobota will speak at 1:00 pm. Celia Lasry will discuss what good healthy food is.

There are no speakers for November and December due to the holidays. Instead, we will have a great luncheon.

> Address: MMSC 1475 W Gray St Houston, Tx, 77019







Field Trip—August 23, 2024

Cost: \$5.00

Provides weather, water, and climate data, forecasts and warnings for the protections of life and property and enhancement of the national economy.

Meet at the South Parking Lot behind Memorial City Mall at 8:30 am Bus leaves at 8:45 am

Contact Christine Johnson 979-413-5014

Lunch on Your Own



September 14, 2024 (Saturday) TBA

Field Trip to Independence, TX \$5.00

The town of Independence, Texas was founded in the 1820s and became a Baptist stronghold when selected to be the site of Baylor University in 1845. Reaching its peak during the 1850s, the town was recognized as an educational, economic and religious center.



Antique Rose Emporium

Lunch on your own:

Lueckemeyer General Store (Restaurant) OR Garden Café & Brazos Bakery

Contact Nancy Morris at 281-815-4033

DEADLINE: AUGUST 14. 2024



Independence
Baptist Church &
Texas Baptist
Museum

Mark Your Field Trip Calendar

August 23, 2024 (Friday)

September 14, 2024 (Saturday) October 12, 2024 (Saturday) November 16, 2024 (Saturday) December 14, 2024 (Saturday)

Fall 2024 Field Trips—Tentative

- Wild Animal Safari (Bryan, TX)
- Hempstead Flea Markets
- Visiting Historical Nacogdoches, TX

PLEASE Contact Jim Dermon 936-828-4013

My Heart Story by Jim Dermon



Last November, I had occasional chest tightness; regardless of activeness and relaxation, I thought I had reflux acid. I was referred to the gastroenterologist for further diagnosis, and an endoscopy was performed

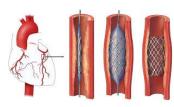


with the results that I had an ordinary acid in my stomach. I still had ongoing chest tightness, which caused higher blood pressure in a brief time. The (PCP) family doctor decided to send me to the cardiolo-

gist. There were several tests on my heart in some weeks. The result showed that my heart is mildly abnormal. The cardiologist had a catheterization procedure for a deeper diagnosis. I was surprised there was a blockage on the left coronary of the heart. The stent procedure was immediately performed in ten minutes!

No more chest tightness! I currently attend cardiac rehabilitation every week to monitor my heart's processing.

What Is a Stent? Info from Google



A stent is a small, expandable tube made of metal mesh, fabric, or silicone placed in the heart to treat narrowing in the coronary arteries. The stent acts as a scaffold to keep the

artery open and prevent it from closing again. Stents are often placed during or immediately after angioplasty, a minimally invasive procedure that doesn't require a large incision.

Tidbit Newsletter



Renewals:

Rose Marie Garcia, Jennifer Kuo, Audrey Leger, Rochelle Simpson, Paula Szablowski

Send some news, your trip, an announcement (newborn baby, birthday, anniversary, craft, obituary, and color photos to me before or on **15th day of each month**. Thanks!

Jan Dermon Editor of HDSCLF Tidbits

Email: jdermon.senior@gmail.com

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